

**Yearly  
Maintenance!**

# VELOCITY AND ARM CARE CLINIC

*WITH THE OOTP PITCHING STAFF*



**8 WEEKS – 2X Per Week!**  
**Ages 10+**  
**\$275 Per Player (Nov 3<sup>rd</sup> – Dec 26<sup>th</sup>)**

***SMALL CLASS SIZES - SPACE IS LIMITED!!***

**NOT JUST FOR PITCHERS!**

**This program is for ANY player wanting to throw harder! We use velocity and arm health techniques used today in the MLB to keep player arms healthy and strong.**

***Players in this program have increased their velocity up to 8MPH!***

- Each class is 45-60 minutes.
- Players get 2 classes per week (16 Total).
- Wednesday evenings and Sunday mornings.

\* Player class times will stay consistent throughout.

**REGISTER ONLINE at [www.outofthepark22.com](http://www.outofthepark22.com)  
OR EMAIL: [info@outofthepark22.com](mailto:info@outofthepark22.com)  
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